



Information Sheet:

Goal Based Planning and the NDIS

The National Disability Insurance Scheme (NDIS) will be totally rolled out in Tasmania by 2019. NDIS is for participants under 65 years of age.

The core of NDIS is that individuals will have more choice and control over the supports that they receive. NDIS is also based on a person centred model, meaning, that individuals are at the centre of their supports, driving their services and deciding what type of supports they need to achieve their goals.

Goals need to be reasonable, and enhance a person's capacity to participate more fully in their community. Sometimes, the addition of aids and equipment can further enhance the ability of an individual to reach their goals. Aids and equipment requests also need to be reasonable and necessary. The NDIS provides ongoing funding for all 'reasonable and necessary' disability equipment, care and support services.

Generally the supports and services provided to you, if eligible, need to assist you to:

- Achieve your goals,
- Become as independent as possible,
- Develop skills for day-to-day living,
- Participate in the community,
- Work and earn money.

These could be included in general areas of:

- Mobility,
- Communication,
- Self-care and self-management,
- Social interactions,
- Learning, and capacity for social and economic participation.

So, thinking about your own individualised NDIS plan, you need to consider all your daily activities and the aids, equipment, training and/or support that would make your life easier, whether currently provided to you or not.

Once you are deemed eligible for NDIS, you will move through a planning process. Participants meet with an NDIS Planner, who will work with you to identify your goals, needs and other requirements. Individual plans are reviewed annually.

If you attend your planning meeting, having already thought about your goals, how you may want to reach those goals, and what you may need to reach them, you have already put yourself at the centre of your service and this is compatible with NDIS philosophy.

Although some goals/items may need to be negotiated, or indeed will not be funded, you have a starting point on which to discuss your future goals.

Guide Dogs Tasmania are an approved provider for some NDIS supports, one being, a provider of Specialised Assessments. If you are uncertain about what you may need in your 12 month plan, such as aids and equipment, orientation and mobility training, training in Lifeskills, a Guide Dog, it is your choice to nominate Guide Dogs Tasmania in your NDIS planning meeting and request that we support you with your intended goals in providing a Specialised Assessment. This however, is your decision, and it is an option for which only you can decide.

In essence, what is it that you want to be able to achieve, and what do you need to achieve your goals?

Phone Guide Dogs Tasmania on our free call number, 1800 484 333, for further support and information.